

5. Do you have any previous or chronic physical conditions / illnesses that could become a problem with a lot of riding and physical work (i.e. back or knee problems, fear of falling, recurring migraines/headaches etc etc)?
6. Are you generally healthy and fit?
7. Do you have travel medical insurance that covers you specifically for horse riding accidents?
8. Do you have any special dietary requirements?
9. Do you take any regular medication?
10. Do you have any allergies?
11. Are you happy sharing a bedroom and bathroom with another person if necessary?
12. Do you have a driver's licence and are you willing to drive on the left side of the road?

Please fill out this questionnaire and attach a picture of yourself to the email.

Thank you!

Isabel & Lloyd

Find more info on www.ridingforhorses.co.za